

T: 020 7332 3738 / 020 8458 9102 E: info@heath-hands.org.uk www.heath-hands.org.uk

Heath Hands Update – March 2024

Over 8,000 participants across all our **activity programmes**, and:

- More than 4,500 visitors to Dairy and engagements at weekend **nature interpretation** sessions
- Numerous public **events** supported and busy festive programme, and additional family provision during school holidays attracting new audiences.
- More than 1,000 children participated in our **Heath Friendly Schools programme** and weekly provision for two local **SEN schools**

• Busy year for **community engagement** and **wellbeing activities**, with new groups engaged and over 2,500 people participating. New weekly **Health Walk** launched in March, bringing total to three walks a week of varying lengths across the Heath.

More than **500 volunteer sessions** delivered by CoLC and EH teams across the green spaces since April 2023, with over **15,500 hours contributed by volunteers**.

Heath Hands staff delivered 410 activities and volunteer sessions.

Busy **wildlife monitoring** year including the Nature's Calendar phenology project with LNHS expanding to 3 transects in January 2024. **Hedgehog Friendly Heath Project** ongoing with collaborations with groups like Growing Green and practical work with local SINCs.

53 **corporate volunteering** events delivered over last 12 months, with 750 participants.

Guided staff **nature walks** popular this year, especially topics of bats, birds, pollinators, the historic landscape, Kenwood Estate, the River Fleet, trees, spiders and butterflies.

Coming up

Preparations for 25th anniversary celebrations and annual Community Fun Day in June

Seasonal start of annual **Wildlife Monitoring** programmes; hedgehog survey with CoLC and ZSL.

Dairy Interpretation Centre will be reopening on weekends in April.

Work experience week for local state schools in July.

Refurbishment of Parliament Hill tennis booking hut for interpretation and visitor engagement.

Men's and Mixed Pond landscaping works starting in April.